

Total Knee Arthroplasty Rehabilitation Protocol

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Precautions: None

Treatment Plan: Evaluate and Treat, progress as tolerated

Recommended Treatment:

- Range of Motion
- Gait Training
- Endurance
- Stabilization and Balance
- Fall Prevention
- Strengthening
- Modalities PRN
- Home Exercise Program

Frequency: 2 times per week for 6 Weeks (12 Total Visits)